

TIDES

FORRÉTTIR

Ristuð maíssúpa 2100 VG
Ólífuoía, stökkur blaðlaukur, graslaukur

Bleikjutartar 3200 G, SF
Agúrka, dill, kapers, sinnep, rúgbrauð

Djúpsteiktur smokkfiskur 3400 E, G, SF
Sítróna, steinselja, chili majónes

Rauðrófusalat 3100 N, VG
Ristaðar rauðrófur, þurrkaðar apríkósur, kál,
valhnetudressing

Caesar salat 3100 D, E, G
Hjartasalat, parmesan, rúgbrauðsteningar, caesar sósa,
linsoðið lynghænuegg, stökkt guanciale

Bæta við kjúklingi 1100
Bæta við reyktri bleikju 1200 SF
Bæta við nautakjöti 1500

HAMBORGARAR & SAMLOKUR

TIDES ostborgari 5400 D, E, G
140 g nautaborgari, Tindur, súrar gúrkur, laukur,
TIDES sósa, franskar

Kjúklingasamloka 4900 D, E, G
Stökkur kjúklingur, kál, súrar gúrkur,
sterkt hunangsmajónes, franskar

Smurbrauð með bleikju 4800 E, G, SF
Reykt bleikja, egg, agúrka, dillmajónes,
rúgbrauð, franskar

DRYKKIR

BJÓR
Viking, Lager 2100

VÍN
Manuel Quintano, Q 3590 / 17900
Spánn, Tempranillo

Berthier, Sauvignon Blanc 3790 / 18900
Frakkland, Sauvignon Blanc

AÐALRÉTTIR

Ofnsteiktur þorskur 6200 D, SF
Smælki, spínat, kapers, brúnað smjör

Grilluð nautasteik 8600 D
Flanksteik, franskar, TIDES piparsósa

Milanese kjúklingur 6200 D, E, G
Klettasalat, tómatar, parmesan, salvúmajónes

Tagliatelle nautaragù 5400 D, E, G
Brasserað nautakjöt, tómatar, rauðvín, parmesan

Sterkt rigatoni 5600 D, G
Tómatar, rjómi, sterk chorizo, svartur hvítlaukur
Inniheldur áfengi

Sveppa risotto 4800 VG
Eryngii sveppur, heslihnetur

MEÐLÆTI

Ristað smælki 1500 VG
Hvítlaukur, rósmarín, sjávarsalt

Glóðað brokkólí 1700 VG
Sítróna, hvítlaukur, eldpipar, ólífuoía

Hjartasalat 1500 VG
Agúrka, ferskar jurtir, sítrónuvínargretta

EFTIRRÉTTIR

Skyr ostakaka 2900 D, E, G, V
Rabarbarasulta

Heit súkkulaðibitakaka 2900 D, E, G, S, V
Vanilluís, sjávarsalt

Döðlukaka 2900 D, E, G, V
Saltkaramellusósa, vanilluís

Brómberjasorbet 2100 VG
Rabarbara consommé, blönduð ber

(D) Inniheldur Mjólkurvörur (E) Inniheldur Egg (G) Inniheldur Glúten
(N) Inniheldur Hnetur (S) Inniheldur Soja (SF) Inniheldur Sjávarfang (V) Grænmetis (VG) Vegan

Látið þjóninn ykkar vita ef þið eru með einhver fæðuofnæmi eða óþol.
Við tökum á móti debetkortum, kreditkortum og snertilausum greiðslum.

TIDES

STARTERS

Roasted Corn Soup 2100 VG
Sweet corn, olive oil, crispy leek, chives

Arctic Char Tartare 3200 G, SF
Icelandic Arctic char, cucumber, dill, capers,
mustard, rye bread

Crispy Calamari 3400 E, G, SF
Lemon, parsley, chili mayonnaise

Roasted Beet Salad 3100 N, VG
Dried apricots, Icelandic lettuce, walnut dressing

Little Gem Caesar 3600 D, E, G
Parmesan, rye croutons, classic Caesar dressing,
soft-boiled quail egg, crispy guanciale

Add Chicken 1100
Add Smoked Arctic Char 1200 SF
Add Flank Steak 1500

BURGERS & SANDWICHES

TIDES Cheeseburger 5400 D, E, G
140 g beef patty, aged Tindur, pickles, onions,
TIDES sauce, crispy fries

Crispy Chicken Sandwich 4900 D, E, G
Buttermilk chicken, brioche, cabbage, pickles,
hot honey mayonnaise, crispy fries

Arctic Char Smørrebrød 4800 E, G, SF
Smoked Icelandic Arctic char, egg, cucumber,
dill mayonnaise, rye bread, crispy fries

BEVERAGES

BEER

Viking, Lager 2100

WINE

Manuel Quintano, Q 3590 / 17900
Spain, Tempranillo

Berthier, Sauvignon Blanc 3790 / 18900
France, Sauvignon Blanc

MAINS

Roasted Atlantic Cod 6200 D, SF
Crushed Icelandic potatoes, spinach,
capers, brown butter

Grilled Beef Bavette 8600 D
Fries, TIDES pepper sauce

Chicken Milanese 6200 D, E, G
Arugula, tomatoes, parmesan, sage emulsion

Tagliatelle Beef Ragù 5400 D, E, G
Slow-cooked beef, tomatoes, red wine, parmesan

Spicy Brennivín Rigatoni 5600 D, G
Tomatoes, cream, spicy chorizo, black garlic
Contains alcohol

Wild Mushroom Risotto 4800 VG
King oyster mushrooms, hazelnuts

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Roasted Icelandic Potatoes 1500 VG
Garlic, rosemary, flaky sea salt

Charred Broccoli 1700 VG
Lemon, garlic, chili, extra virgin olive oil

Green Leaf Salad 1500 VG
Little gem, cucumber, fresh herbs,
lemon-mustard vinaigrette

DESSERTS

Skyr Cheesecake 2900 D, E, G, V
Rhubarb compote

Warm Chocolate Chip Cookie 2900 D, E, G, S, V
Vanilla ice cream, sea salt

Sticky Toffee Pudding 2900 D, E, G, V
Salted caramel sauce, vanilla ice cream

Blackberry Sorbet 2100 VG
Rhubarb consommé, Icelandic mixed berries

(D) Contains Dairy (E) Contains Eggs (G) Contains Gluten (N) Contains Nuts
(S) Contains Soya (SF) Contains Seafood (V) Vegetarian (VG) Vegan

We are happy to provide alternatives to meet your dietary requirements.
Prices are inclusive of all taxes and service. We accept credit cards, debit cards, and contactless payments.